



## Connecting wellness and learning for children's futures

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October 24, 2009

Dear Friends of Healthy Learning Paths,

"This is the best day of my life!" declares Sarah, a second grader at a low income school, who is fascinated by a project with a life-changing message, *Children must be well, so they can learn well.*

Together, we have made significant changes to improve children's health and learning in our communities. Your generosity has made it possible for Healthy Learning Paths to provide programs for more than 2000 children, parents, childcare professionals, and teachers during 2009.

In the last three years, your support has made it possible for:

- Over 3600 parents, grandparents, childcare professionals, and teachers to attend community programs and learn health strategies that make a difference for growth, development and learning in children;
- Over 1300 children to experience our Be Well, Learn Well<sup>®</sup> school wellness program;
- Over 160 teachers and childcare professionals to attend our first annual conference, *A Prescription for Healthy Learning, A Call for Action to Empower Children*; and
- Healthy Learning Paths to partner with the Colorado Health Foundation, University of Colorado Medical School Denver, Broomfield Rotary, and Jared Polis Foundation.

While we are grateful for these successes, children still cry for help. Consider these unsettling statistics for US children. Without changes in health behaviors, we are plagued by:

- **1 in 3 children** born in the year 2000 developing diabetes in their lifetime;
- An increase in suicide, drug use and societal dropout because less than **1 in 5 children** have received the appropriate mental health support; and
- **1 in 50 infants** in the US have already been either neglected or abused.

Children need **you** to help change the path. Our innovative programs provide children, parents, and educators with the strategies needed to ensure the health and development of every child. As a 501(c)(3) nonprofit, Healthy Learning Paths relies heavily on your financial support. Your donation is tax deductible and helps put children on the path to reach their full potential.

With your help, we will continue to reach thousands of children like Sarah, and we will work to make every day *the best day of their lives*. Please join us in this vital mission and make a difference for our children and for our future.

With Gratitude,

*Chris Marchioni*

Chris Marchioni, MD  
Executive Director  
Healthy Learning Paths

*Karrie Bach*

Karrie Bach, RD  
Director of Development  
Healthy Learning Paths

# Children Must Be Well, So They Can Learn Well. I Want To Make A Difference.

All donations are tax deductible: Tax ID: 20-3160075



[www.healthylearningpaths.org](http://www.healthylearningpaths.org)

- \$\_\_\_\_\_ Any amount helps with education to put children on the path to health and wellness.
- \$15 Allows a child and parent to attend a program.
- \$25 Provides healthy snacks for low income children.
- \$50 Provides children with learning materials for our Be Well Learn Well© school program.
- \$150 Provides comprehensive wellness training for educators.
- I would like to make a donation of \$\_\_\_\_\_ per month for the next year. Contact me.
- My employer, \_\_\_\_\_, matches donations. Contact me.

Make checks payable to:  
**Healthy Learning Paths**  
110 Ophir Avenue  
Broomfield, CO 80020-6073

Ms/Mr First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Email Address \_\_\_\_\_ Phone Number: \_\_\_\_\_

- Yes, I've donated \$20 or more, send my **Eat to Learn** cookbook.
- Yes, I've donated \$50 or more, send my **Understanding Autism** DVD.

Donate online at: [www.healthylearningpaths.org](http://www.healthylearningpaths.org) Click "contribute" and "donate".

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